

## SYLLABUS: A2S S.M.A.R.T. G.O.A.L.S.

### Course Description

- Part I – *SWBAT*: Clearly understand that they have a “Right” to enter into, communicate with, make use of, and exit from success by way of effective leader tools that drive “Intra-Accountability” Define each word (*access/success*) and be tasked to graphically illustrate what it means to have “Access” to “Success”. Create and abide by personal mission statements electronically generated by [www.nightingale.com](http://www.nightingale.com).

### Course Length

- **2-Hour Instructional Time**. Optional off-site training locations may provide tours of their facilities and are incorporated for community and history exposure, and career options.

### Course Objectives – Part I

1. Create personalized “Mission/**purpose** Statement”, and begin formulating a **plan** to implement it by way of the MINDS **G.O.A.L.S.**© model to support same.
2. Introduce students to the S.M.A.R.T. model and challenge them to use it to support their G.O.A.L.S. © daily
3. Define what **success** means to them and determine if it is a positive perspective and modify as necessary in an effort to develop a “we-optic” vision (working for others)
4. Articulate the Ten Laws of FOCUS and how they are needed to provide positive re-enforcement when executing any task.

### Course Topics & Tools – Part I

1. S.M.A.R.T. G.O.A.L.S.(©MINDS)
2. Ten Laws of FOCUS (Handout)
3. Create Personalized Mission Statement (Nightingale.com)
4. VIDEO SNIPPETS

### Required Course Reading & Material

1. Haig, Bennis, Ball, Walls, Keyes, etc. (©2005). *Leadership Defined*©. Sevierville Tennessee: Insight Publishing. As needed pages 219-241.
2. Bring a pocket dictionary to complement the reading course.

### Course Assignments

1. Assignments to reflect course content will be handed out and returned as needed.
2. Students are expected to familiarize themselves with the reading material and be prepared to discuss and share personal experiences to support the theories, principles, and concepts presented by facilitator.
3. Use of email and conference call mechanisms will be the primary forms of communication.

### Course Attendance

- Students are expected to attend and be ON TIME for EACH session.

**ALL WORKSHOPS WILL INCLUDE THE SAME COURSE LENGTH, READING, ASSIGNMENTS & ATTENDANCE INSTRUCTIONS**

*Mission Statement: To educate, develop, empower and position present and emerging leaders for perpetual success by way of providing essential service tools for every facet of life.*